



San Dimas Senior Citizen/Community Center



SILVER TIMES

Vol 45 No 9 201 E. Bonita Avenue San Dimas, CA 91773 (909)394-6290 September 2021

CITY OF SAN DIMAS
PARKS & RECREATION DEPARTMENT

COMMUNITY HEALTH & RESOURCE FAIR

Event features: Flu shots: insurance card required,
Information Tables, Community Resources, Health
Resources, and Health Booths. *COVID-19 Vaccines
will NOT be provided at this event.



**WEDNESDAY
SEPTEMBER 22, 2021
10 AM TO 1 PM
AT COMMUNITY BUILDING
245 E. BONITA AVE, SAN DIMAS**

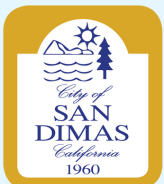


For more information contact:

San Dimas Senior Center
909-394-6290

201 E. Bonita Ave. San Dimas, CA

Face mask and social distancing will be enforced
in adherence with current LA County COVID-19
guidelines.



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San Dimas Senior
Citizen/Community Center

NEW FALL HOURS:

Monday-Thursday

7:30am-8:30pm

Friday

7:30am-7:30pm

(909)394-6290

SEE PAGES 5-7 FOR UPCOMING EXCURSIONS AND EVENTS!

CLUBS

SAN DIMAS
SENIOR CITIZENS CLUB

Tuesday
9:30am-10:30am

Annual Dues: \$6.00 & .25 each meeting attended.

*2020 Club Memberships have been extended.

Meeting Schedule

Tues. September 7: Entertainment
Tues. September 14: Business Meeting
Tues. September 21: Speaker
Tues. September 28: BINGO

SAVE
THE
DATE!

BINGO

WILL BE BACK STARTING ON
OCTOBER 5!

**Tuesdays at the
Plummer Community Building**

Package Fees

1st packet-\$5.00

2nd packet-\$3.00

Additional packets-\$2.00

Bingo packet sales

10:30am-12:00pm

Game begins at 12:30pm

Sponsored by the
San Dimas Senior Citizens Club

ACTIVITIES

BOOK PARTY

*Sponsored by
LA County Library San Dimas*

Wednesday, September 1
10:30am-12:00pm

UPCOMING BOOK SELECTIONS:

9/1 Georgia: A Novel of Georgia O'Keefe
by Dawn Clifton Tripp
10/6 City of Girls by Elizabeth Gilbert
11/3 Women Talking by Miriam Towe

QUILTING WORKSHOP

Monday
6:00pm-8:30pm

Share ideas and work on quilting projects with friends



WRITERS WORKSHOP

Wednesday
1:00pm-3:30pm

If you are a professional, a novice or simply interested in the craft of writing, you may join

Writer's Workshop.

Bring a story to share or be inspired by other writers.

ROADWALKERS

Wednesday
7:30am
Meet at Civic Center Park



An informal walking group. Begin your morning with a rejuvenating walk at your own pace. Then, join your walking buddies inside the Senior Center for a cup of coffee and great conversation



GAMES

PINOCHLE

Wednesday
8:15am- 12:00pm

CRIBBAGE

Monday
8:15am-12pm



Stimulate your brain with a friendly game of cards or Rummy Tile. No experience is needed.

CANASTA

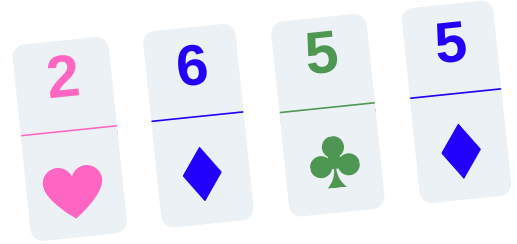
Monday & Thursday
1:00pm-4:00pm

BRIDGE

Monday
1:00pm-4:00pm

EUCHRE

Friday
8:15am-11:30pm



RUMMY TILE

Thursday
9:15am-11:30pm

BEGINNING PINOCHLE

Friday
1:00pm - 4:00pm

SERVICES

YWCA CASE MANAGEMENT



Available by appointment only on the third
Friday each month.

Friday, September 17
1:00pm-4:00pm

A Case Manager can assist in linking you with services and helping you apply to supportive programs. See page 11 for more information.

If you would like to schedule an appointment, please call the Senior Center at (909)394-6290

ATTORNEY SERVICE



Free, 20 minute consultation with an attorney.
Available by appointment only on the third
Friday each month.

Friday, September 17
10:00am-12:00pm

YWCA LUNCH PROGRAM



Currently a "Walk-up, Grab and Go" program.

Wednesday
10:30am-12:00pm

Pre-registration required. See page 10 for more information.

FALL SESSION

AUGUST 23- DECEMBER 17, 2021

FREE CLASSES FOR
OLDER ADULTS

Classes will be taught in-person at the Senior
Center & Plummer Community Building



These courses are sponsored by Mt. San Antonio College. If indicated, register in-person with the instructor at your first class session.

CLASSES STILL HAVE SPACE AVAILABLE!

CLASS

DAY/TIME

LOCATION

*Brain Health 1&2	Mon/Wed	12:30pm	Senior Center
*Computer Level 1&2	Tues	12:25pm	Senior Center
*Computer Level 1&2	Fri	8:55am	Senior Center
*Computer Level 3	Wed	8:55am	Senior Center
*Desktop Publishing & Power Point	Tues	9:00am	Senior Center
*Mobile Internet Technology	Fri	12:30pm	Senior Center
*Creative Computing	Wed	5:30pm	Senior Center
*Digital Photography	Thurs	9:00am	Senior Center

CLASS

DAY/TIME

LOCATION

Healthy Aging (Chair Exercise)	Mon/Fri	9:30am	Senior Center
Healthy Aging (Chair Exercise)	Wed	9:30am	Plummer Building
Healthy Aging (Aerobics)	Tues/Thurs	8:00am	Plummer Building
Healthy Aging (Yoga)	Tues/Thurs	9:00am	Plummer Building
Healthy Aging (Yoga evening)	Tues/Thurs	6:25pm	Senior Center
Healthy Aging (Slow Movement Tai Chi)	Fri	9:00am	Plummer Building
Watercolor Painting	Tues	1:00pm	Senior Center
Home Gardening	Wed	1:00pm	Senior Center
Handcrafted Needlework	Tues	9:00am	Senior Center
Jewelry Production	Fri	8:55am	Senior Center
Sewing and Design	Mon	5:25pm	Senior Center
Beg. Decorative Art Production	Tues	12:30pm	Senior Center
Int. Decorative Art Production	Thurs	1:00pm	Senior Center



For more information call,
San Dimas Senior Citizen/Community Center (909)394-6290

Adult Excursions are coming back in January!

Registration begins this month!

Adult Excursions are for age 18 and older.
FACE MASKS REQUIRED TO BE WORN ON THE BUS.

Valley View Casino

Monday, January 10, 2022

8:30am-6:00pm

Fee: \$20.50 Residents/Senior Club \$22.00 Non-Residents

Resident Registration: Thu., Sept. 23, 2021

Non-Resident Registration: Fri., Sept. 24, 2021

On-line Registration: Mon., Sept. 27, 2021



Excursion features transportation to Valley View Casino in San Diego County. Must be 21 years or older and possess a valid I.D. to register. Receive \$15 MOREPLAY after 5 points on slot machines. First-time visitors to Valley View Casino will also receive a \$10 food voucher.

Los Angeles Now & Then

Thursday, February 24, 2022

8:00am-5:00pm

Fee: \$90.00 Residents/Senior Club \$91.50 Non-Residents

Resident Registration: Thu., Sept. 23, 2021

Non-Resident Registration: Fri., Sept. 24, 2021

On-line Registration: Mon., Sept. 27, 2021



We will join tour guide Curt Tucker on a unique tour of Los Angeles that will show its progression from a tiny pueblo into a sprawling metropolis. The highlight of the day will be a behind the scenes tour of the new SoFi Stadium, home to NFL's Rams and Chargers. There will also be stops at the Civic Center, Staples Center, Dodger Stadium, LA Coliseum and Banc of California Stadium. Lunch will be at Philippe the Original (not included) You will receive a special dessert (included).

Registration Information for Adult Excursions: **San Dimas residents** – Registration begins at 7:30 am at the Senior Citizen/Community Center, 201 East Bonita Ave., on the date specified for each trip. Proof of residency is required. Each resident may register themselves and one guest per trip. Residency is not required for the guest of a San Dimas resident, but non-resident fees are applicable.

Resident Mail-in & On-line Registration – Resident mail in registrations are processed after the first date of resident walk-in registration on the date specified for each trip or register on-line at www.cityofsandimas.com. Pick up a registration form at City Hall, complete it and you will receive a receipt via mail or email.

Non-residents – Registration begins at 7:30 am at the Senior Citizen/Community Center on the date specified for each trip. Non-resident mail in registrations are processed after the first date of non-resident walk-in registration on the date specified for each trip or register on-line at www.cityofsandimas.com.



**WELCOME
BACK!!!**

CITY OF SAN DIMAS

HAPPY HOUR MOCKTAILS!

FOR AGES 55+



**REFRESHMENTS
INCLUDED!!**

**Thursday, September 9
3PM - 4PM**

Senior Center Multi-Purpose Room

Registration is required.
For more information call the Senior Center
at 909-394-6290
201 E Bonita Ave San Dimas CA 91773

City of San Dimas



Birthday Social

THURSDAY, SEPTEMBER 9

3:00 PM

SENIOR CENTER MULTI-PURPOSE ROOM

PRE-REGISTRATION REQUIRED

FOR AGES 55+



**SIGN UP ONLINE AT SANDIMASCA.GOV, OR CALL THE SENIOR CENTER AT
909-394-6290, OR IN PERSON AT
201 E BONITA AVE SAN DIMAS CA 91773**

SPOOKY!!!

JOIN US FOR A SPOOKY NIGHT OF FUN

SENIOR DINNER
FRIDAY, OCTOBER 15
4:30 - 7:00 PM

\$7 PER PERSON
TICKETS ON SALE
SEPTEMBER 7!

RAFFLE TICKETS \$1 AT THE
DOOR

SAN DIMAS SENIOR CENTER
MULTI-PURPOSE ROOM
201 E. BONITA AVENUE
(909) 394-6290

MEATBALL SANDWICH FOR
DINNER WITH SIDES AND
DESSERT!

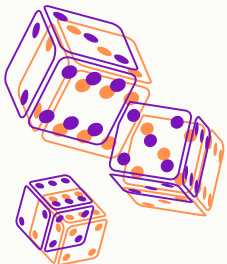
ENTERTAINMENT
PROVIDED BY
AJ'S ENTERTAINMENT

City of San Dimas

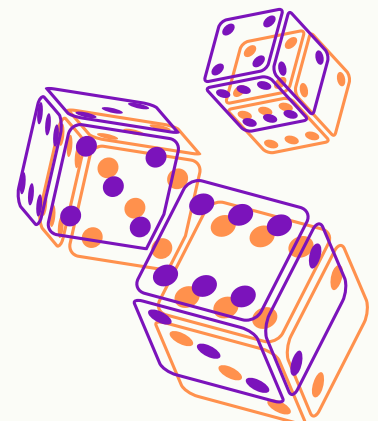
BUNCO



Register now at sandimasca.gov or at the San Dimas Senior Center.
Space is Limited. Age 55+



THURSDAY, OCTOBER 28
2PM - 4PM
\$4 PER PERSON



Fee includes refreshments, meal, games and prizes.
Come join the fun!

San Dimas Senior Center Multi-Purpose Room
201 E Bonita Ave
909-394-6290



SEPTEMBER



See page 4 for Mt Sac class information.

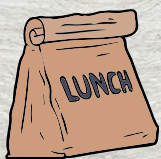
All classes and programs are held at the San Dimas Senior Center,
except for those listed with a CB.

Classes with CB after the name will be held at the
Stanley Plummer Community Building
245 E. Bonita, San Dimas
(across the parking lot from the Senior Center)

<p>6</p> <p>CLOSED</p> <p>Labor Day</p>	<p>7</p> <p>OCTOBER DINNER & BUNCO TICKETS GO ON SALE</p> <p>8:00am Aerobics CB 9:00am Yoga CB 9:00am Desktop Publish & Power Pt. 9:00am Handcrafted Needlework 9:30am Senior Cub Meeting 12:25pm Computer-Level 1 & 2 12:30pm Beg. Decorative Art Production 1:00pm Watercolor 6:25pm Yoga</p>
<p>13</p> <p>8:15am Cribbage 9:30am Chair Exercise 12:30pm Brain Health 1 1:00pm Canasta 1:00pm Bridge 5:25pm Sewing & Design 6:00pm Quilting Workshop</p>	<p>14</p> <p>8:00am Aerobics CB 9:00am Yoga CB 9:00am Desktop Publish & Power Pt. 9:00am Handcrafted Needlework 9:30am Senior Cub Meeting 12:25pm Computer-Level 1 & 2 12:30pm Beg. Decorative Art Production 1:00pm Watercolor 6:25pm Yoga</p>
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WEDNESDAY		THURSDAY		FRIDAY		9		
7:30am	Roadwalkers	1	8:00am	Aerobics CB Civic Center Park	2	8:15am	Euchre	3
8:15am	Pinochle		9:00am	Yoga CB Civic Center Park		8:55am	Jewelry Production	
8:55am	Computer Level 3		9:00am	Digital Photo		8:55am	Computer Level 1&2	
9:25am	Chair Exercise CB		9:15am	Rummy Tile		9:00am	Tai Chi CB Civic Center Park	
10:30am	Book Party		1:00pm	Int. Decorative Art Production		9:30am	Chair Exercise	
10:30am	YWCA Lunch-Pick up only		6:25pm	Yoga		12:30pm	Mobile Technology	
12:30pm	Brain Health 2					1:00pm	Beginner Pinochle	
1:00pm	Writer's Workshop							
1:00pm	Home Gardening							
5:30pm	Creative Computing							
7:30am	Roadwalkers	8	8:00am	Aerobics CB Civic Center Park	9	8:15am	Euchre	10
8:15am	Pinochle		9:00am	Yoga CB Civic Center Park		8:55am	Jewelry Production	
8:55am	Computer Level 3		9:00am	Digital Photo		9:00am	Computer Level 1&2	
9:25am	Chair Exercise CB Civic Center Park- walking		9:15am	Rummy Tile		9:00am	Tai Chi CB Civic Center Park	
10:30am	YWCA Lunch-Pick up only		1:00pm	Int. Decorative Art Production		9:30am	Chair Exercise	
12:30pm	Brain Health 2		3:00pm	Happy Hour & Birthday Social		12:30pm	Mobile Technology	
1:00pm	Writer's Workshop		6:25pm	Yoga		1:00pm	Beginner Pinochle	
1:00pm	Home Gardening							
5:30pm	Creative Computing							
7:30am	Roadwalkers	15	8:00am	Aerobics CB Civic Center Park	16	8:15am	Euchre	17
8:15am	Pinochle		9:00am	Yoga CB Civic Center Park		8:55am	Jewelry Production	
8:55am	Computer Level 3		9:00am	Digital Photo		9:00am	Computer Level 1&2	
9:25am	Chair Exercise CB Civic Center Park- walking		9:15am	Rummy Tile		9:00am	Tai Chi CB Civic Center Park	
10:30am	YWCA Lunch-Pick up only		1:00pm	Int. Decorative Art Production		9:30am	Chair Exercise	
12:00pm	Personal Safety Seminar		6:25pm	Yoga		10:00am	Attorney Service	
12:30pm	Brain Health 2					12:30pm	Mobile Technology	
1:00pm	Writer's Workshop					1:00pm	YWCA Case Manager	
1:00pm	Home Gardening					1:00pm	Beginner Pinochle	
5:30pm	Creative Computing					4:30pm	Monthly Dinner 	
							Welcome Back!	
7:30am	Roadwalkers	22	RESIDENT REGISTRATION FOR ADULT EXCURSIONS BEGINS		23	NON-RESIDENT REGISTRATION FOR ADULT EXCURSIONS BEGINS		24
8:15am	Pinochle		8:00am	Aerobics CB		8:15am	Euchre	
8:55am	Computer Level 3		9:00am	Yoga CB		8:55am	Jewelry Production	
9:25am	Chair Exercise CB		9:00am	Digital Photo		9:00am	Computer Level 1&2	
10:00am	Community Health & Resource Fair CB		9:15am	Rummy Tile		9:00am	Tai Chi CB	
10:30am	YWCA Lunch-Pick up only		1:00pm	Int. Decorative Art Production		9:30am	Chair Exercise	
12:30pm	Brain Health 2		6:25pm	Yoga		12:30pm	Mobile Technology	
1:00pm	Writer's Workshop					1:00pm	Beginner Pinochle	
1:00pm	Home Gardening							
5:30pm	Creative Computing							
7:30am	Roadwalkers	29	8:00am	Aerobics CB	30			
8:15am	Pinochle		9:00am	Yoga CB				
8:55am	Computer Level 3		9:00am	Digital Photo				
9:25am	Chair Exercise CB		9:15am	Rummy Tile				
10:30am	YWCA Lunch-Pick up only		1:00pm	Int. Decorative Art Production				
12:30pm	Brain Health 2		6:25pm	Yoga				
1:00pm	Writer's Workshop							
1:00pm	Home Gardening							
5:30pm	Creative Computing							

San Dimas/YWCA Nutrition Program



*now Walk-Up, Grab & Go



Participants will need to park in a marked parking space and WALK-UP to receive meals.

Lunch program includes 7 meals- both ready to eat and microwavable.

- When: Wednesdays
- Time: 10:30am-12pm
- Where: San Dimas Senior Center, 201 E. Bonita Ave, San Dimas
- Who: Participants 60+
- Registration: Pre-registration required

Currently only accepting reservations from those already registered in the program.

For participants on the waitlist, available meals will be distributed in order, from 12pm-12:30pm.

To be added to the wait list or for more information, contact YWCA San Gabriel Valley Senior Services at (626)214-9465



Senior Services 24-Hour Message Line (626)214-9465

Domestic Violence YWCA-SGV WINGS 24-Hour Help Line (626)967-0658

60 years of age and older or disabled adult aged 18-59. Must meet the income eligibility requirements.

Get the assistance you need!

YWCA CASE MANAGEMENT PROGRAM

**Appointments available on the
3rd Friday each month**

- Advocacy
- Counseling
- Home Delivered Meals
- Homemaking and Personal Care
- Medical Equipment



- Social Security, Security Supplemental Income (SSI) Housing (based on availability)
- Transportation
- Utility Payment Assistance

Please call the San Dimas Senior Center for more information or to schedule an in-person appointment .
909-394-6290

ATTORNEY SERVICE

FREE Legal Consultation

Attorney provides a 15-minute professional consultation on the third Friday each month. She will help you understand your legal options and rights pertaining to your legal matters.

Appointment Required.

Call (909) 394-6290 for an appointment



City of San Dimas

Personal Safety and Awareness Seminar



Presented by Monique Campos
San Dimas Sheriff Liaison



- **Wednesday,**
- **September 15th**
- **Time: 12:00pm**
- **At the San Dimas Senior Center**
- **Age: 55+**

Free Seminar !
Safety tips to keep you safe
and learn how to be aware of your
surroundings!

For more information call (909) 394-6290



MEALS ON WHEELS

Hot lunch delivered by a friendly volunteer to any eligible homebound resident in the San Dimas/La Verne area. Regular and diabetic menus are available.

Monday-Friday

Noon-1:00pm

For meal delivery information, please call Meals on Wheels at (909)596-1828.

YWCA SAN GABRIEL VALLEY SENIOR SERVICES HOME DELIVERED MEALS

Do you know someone 60+ who needs support? The YWCA San Gabriel Valley provides community based nutrition and social services for adults age 60 and older. Disabled adults qualify if they are a dependent child of a qualifying senior. Spouses of qualified seniors are also eligible. For meal delivery information or Case Management Services, please contact YWCA San Gabriel Valley Senior Services at (626)214-9465.

SENIOR HELP LINE

Provides information and assistance to seniors and their families, helping them identify and contact the services they need from an extensive database of agencies serving seniors. (909)626-4600.

HICAP

HICAP provides free, unbiased information for people on Medicare. Call the Center for Health Care Rights at (800)434-0222.

OMBUDSMAN

HICAP provides free, unbiased information for people on Medicare. Call the Center for Health Care Rights at (800)434-0222.

YWCA NUTRITION PROGRAM

Program is currently pick up only at the San Dimas Senior Center. Participants are provided 7 meals, which include ready to eat lunch and frozen meals.

*Wednesdays

10:30am

Suggested donation is \$3.00 per person (60+ years) and \$5.00 per person (under 60 years). Program is currently wait-list only. For more information, call YWCA San Gabriel Valley Senior Services at (626)214-9465.

***Meals only available for pick up on Wednesdays at this time. Please see pg. 10 for information.**

AGING NEXT

(Formerly Community Senior Services)

Many programs available such as: companionship, support groups, counseling, transportation and resource referrals. Contact (909)621-9900.



POMONA VALLEY TRANSPORTATION INFORMATION

Pomona Valley Transportation Authority (PVRTA) offers transportation programs for the cities of San Dimas, La Verne, Claremont and Pomona

San Dimas Dial-a-Cab

- Service to the City of San Dimas. Available to all ages within the City.
- Available 24 hours a day
- Fares \$4.00 within the city, \$6.00 to certain medical facilities outside of the city. If you have the ride tickets, it is 3 each way.
- Senior and Disabled fares \$2.50, for rides within the City or to the extended boundary limits. If you have the ride tickets, it is 3 tickets each way.
- Extended boundary for senior or disabled: W to Grand Ave, E to Garey Ave, N to Foothill Blvd, S to 10 Frwy and Cal Poly.
- Curbside pickup typically within 45 minutes of your request. If using a wheelchair, inform the operator at the time you make the reservation.

Get About

- Available to Seniors and Disabled persons living in the 4 cities served.
- Hours: Weekdays 6:00am-7:30pm
Saturday 8:30am-5:30pm
Sunday 7:30am-5:00pm
- Fares \$1.00 or 1 ride ticket each way. Extended boundary is \$2.00 each way or 2 tickets.
- Travel anywhere within the 4 cities. Also, includes Montclair Plaza and Montclair Medical Center.
- Extended boundaries to certain other locations.
- Door to door service.
- Reservations at least 1 day or up to 7 days advance of your trip.
- You must register prior to making reservations.

San Dimas Dial-a-Cab
(909)622-4435

To register call: (909)596-7664
To reserve rides call: (909)596-5964

HALLOWEEN SPOOKTACULAR

FRIDAY, OCTOBER 22 & SATURDAY, OCTOBER 23
CIVIC CENTER PLAZA

PUMPKIN CARVING CONTEST, MOVIES, HAUNTED HALL,
TRUNK OR TREAT, GAMES & ACTIVITIES

**RUNNIN' SCARED 5K, 1 MILE FUN RUN/WALK & TODDLER
TROT (SATURDAY)**



BRACKETT TO BONELLI HIKE

SATURDAY, NOVEMBER 6
8:00AM - 10:00AM
\$3 PER PERSON



FEE INCLUDES TRAIL SNACKS, SAFETY BASICS AND STAFF
SUPERVISION. ENJOY THE BEAUTIFUL SCENERY OF SAN
DIMAS WITH YOUR FRIENDS AND FAMILY AS WE MAKE OUR
WAY THROUGH THE TRAILS OF BONELLI.

BOWSER BASH

SATURDAY, NOVEMBER 6
10:00AM - 1:00PM
HORSETHIEF CANYON PARK



ENTERTAINMENT, CONTESTS, INFORMATION BOOTH AND
DEMONSTRATIONS. WHETHER YOU ARE 2 LEGGED OR 4
LEGGED THERE WILL BE PLENTY OF FUN FOR EVERYONE.

Live, Love, Laugh!

by Pat Cugno

You become old when your spirit gets old. Yes, it is true as we age, we can't do all the things we did when we were in our 40s, but if one has a young spirit, you can continue to stay "young" and keep busy. I am more active at age 77 with fun-filled activities than I was in my 40s because I have more time and I push myself! This is the key.

Something worth mentioning -- people have a misconception of Senior Centers. Taking advantage and exploring what they have to offer, has changed my life! Give them a chance. At the San Dimas Senior Center, I enjoy monthly dinners with entertainment, Senior Club meetings, Bingo, Bunko, the Writers' Group, exercise classes, games, crafts, along with computer learning. Hopefully, they will resume bus trips to casinos and special events, as well as overnight trips in 2022. Every activity is listed in the Silver Times monthly magazine and trips will be in the Trekker Guide published quarterly.

On another note, I thought I would be devastated when I had to stop driving. This was not true because the Senior Center offers seniors inexpensive door-to-door transportation to designated areas through the San Dimas Dial-a-Cab and the Get About service. The Senior Center provides a discount to San Dimas residents when you purchase books ahead. You may have to wait for a ride, but it beats depending on someone! I, for one, am independent and love life! There will come a time when you physically will be unable to keep up the pace. Most of us will reach that point eventually! In the meantime, life is too short and it is what you make it! **Live, Love, and Laugh!** It's all about the spirit!





Senior Center Mission Statement

The San Dimas Senior Citizen/Community Center is dedicated to offering services, events and activities that help enrich the lives of our community's older adults. We accomplish this in collaboration with different agencies to provide a menu of services such as nutrition, health information, recreation classes, life-long learning opportunities and special events within a fun and welcoming environment.



IMPORTANT PHONE NUMBERS

A.A.R.P	800-424-3410	HUD- Housing Authority	213-894-8000
Access Transportation	800-827-0829	Humane Society (SPCA)	909-623-9777
Adult Protective Services	877-477-3646	In-Home Support Services	866-613-3777
Aging Next	909-621-9900	Library- San Dimas	909-599-6738
American Cancer Society	626-795-7774	Meals on Wheels	909-596-1828
Center for Health Care Rights	800-824-0780	Medicare	800-633-4227
Chamber of Commerce	909-592-3818	Metro Access Services	800-827-0829
Chuckwagon Meal Reservations	909-394-6298	Mt. San Antonio College	909-594-5611
Center for Disease Control	800-232-4636	Ombudsman (Long-Term Care)	909-394-0416
City Hall- San Dimas	909-394-6200	Post Office- San Dimas	909-599-0651
Dial-a-Cab	909-622-4435	Recreation Center	909-394-6283
Edison- Power Outages	800-611-1911	Ready Now Transportation	909-770-8038
Elder Abuse Hotline	877-477-3646	Senior Information Assistance	800-510-2020
Eldercare Locator	800-677-1116	Sheriff's Station- San Dimas	909-450-2700
Fair Housing Association	800-225-5342	Social Security	800-772-1213
Fire Department- San Dimas	909-599-6727	SGV Vector Control	626-814-9466
Get About Reservations	909-596-5964	Volunteers of America	213-389-1500
Graffiti Hotline	626-442-6666	YWCA Case Management	626-214-9465
Historical Society	909-592-1190	YWCA Home Delivered Meals	626-214-9465
House of Ruth	877-988-5559		



City of San Dimas

Parks & Recreation Department
San Dimas Senior Citizen/Community Center
201 E. Bonita Avenue, San Dimas, CA 91773

Monday-Thursday, 7:30am-5:30pm
Friday 7:30am-4:30pm

San Dimas Senior Citizen/Community Center
(909)394-6290
Parks & Recreation Department
(909)394-6230

